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**A Hearty Welcome to our
Today's Chief Guest**

DR PRABHA ADHIKARI M.R.

M.D. General Medicine, PG Diploma Geriatric Medicine
Professor and HOD Geriatric Medicine,
Yenepoya Medical College, Mangalore

Important posts held : Former Professor
and HOD General Medicine and Research
Director Kasturba Medical College,
Mangalore, MAHE and Yenepoya Medical College, Mangalore

Teaching Experience -40 years of which 32 years were spent in
Kasturba Medical College, Mangalore

Research Publications -307, Citations -5767 H index -35 i10 index -97
Chapters in Books -6 Orations delivered -4 Awards and Honours -
Best Paper Award -3 Awards for coauthorship for Best paper -32
Awards for publication -2 Editorial award -1 State Ministry award for
Geriatric Care Distinguished service award -APIK Life time
achievement award -APIDK Distiguated Physician award -APIK Past
President of GSI, APIDK chapter, Fellow of Indian College of
Medicine, Fellow of Geriatric Society of India

Social Positions :

Vice President - People's Association of Geriatric Empowerment
Secretary - Spoorthi Charitable Trust for Elder Care
Advisor - Susheg Jeevith Neuropalliative care centre
Advisor- Mangalore Alzheimer's Association
Director - KMC Navachaitanya group of Active Ageing



**Felicitation to
IPDG Vikram
Datta.**

PROGRAMME 09.12.2025 AT 07.00 PM

CHIEF GUEST : DR PRABHA ADHIKARI M.R.

Medication Safety in kids & seniors

Ann & Annets invited

Dinner Meeting

Next meeting. 16. 12. 2025 AT 07.00 PM

Speaker meeting

Ann & Annets invited

WE MEET EVERY TUESDAY AT 7.00 P.M. AT BAL BHAVAN, MANGALURU - 3 PH: 0824-2950246

Proceedings of the Rotary Club Weekly Meeting - December 2, 2025

Agenda: Felicitation of Rtn. IPDG Vikram Datta

Welcome : Club President Rtn. Dr. M.S. Arun Kumar Shetty warmly welcomed the chief guest, fellow Rotarians, Anns, Annets, guests, and invitees.

Felicitation : Rtn. Vishwanath Shetty introduced IPDG Vikram Datta, highlighting his commendable achievements during his tenure as District Governor of RI 3181.

PDG & DRFC Ranganath Bhat praised his leadership in membership development, TRF contributions, fund collection, district conferences, and global grant projects. Under his leadership, RI 3181 achieved:

- 🌟 97.6% participation in TRF giving
- 🌟 Second highest contribution to the Annual Fund
- 🌟 Second highest per capita APF contribution
- 🌟 100% club participation in TRF giving

The district also won the PHS Championship Award, 2 Platinum Awards, 8 Gold Awards, and 5 Silver Awards.

PDG K. Krishna Shetty appreciated his initiatives, including TRF collections, polio funding of US \$18,000, and his efforts that placed RI 3181 in the 4th position globally. He also acknowledged the support of Rtn. LathaVikramdatta.

Reply by Rtn. IPDG Vikram Datta - He expressed gratitude to PDG K. Krishna Shetty, PDG Late Rohinath, PDG Ranganath Bhat, and Rtn. Dr. Shivaprasad K for their guidance and support.

In his address "Rotary Scenario: As I Perceive", he emphasized:

- ◆ Strengthening the Rotary Movement and RCC activities
- ◆ Procuring CSR and endowment funds for scholarships and social welfare
- ◆ Securing global grants for district projects
- ◆ Expanding Rotary activities to remote and rural regions

He urged Rotarians to evolve a new vision for service.

Felicitation to PDG, DRFC Ranganath Bhat was held

Announcements by the President

- ◆ Recognition of TRF contributors under the "One Member Each Day" initiative in November
- ◆ Successful medical checkup camps at Balbhavan on November 18 and 25, conducted with ANVI Hearing Solutions, Dementia India Alliance & Yenepoya Medical college
- ◆ RCC Polali installation postponed due to Swamiji's ill health
- ◆ Treasure Hunt program by RC Mangalore City scheduled for December 14 at Padil
- ◆ Rtn. SubrayaPrabhu was Chief Guest and resource person at Founders' Day celebrations at Mulky Vijaya College, organized by All India Advocates Association with Canara Bank CO Mangalore
- ◆ Rtn. T.G. Shenoy spoke on Manjeshwar Temple traditions
- ◆ PDG K. Krishna Shetty was Guest of Honor at the Global Grant Mammography handover function at Puttur on November 28

Birthday Wishes : Rotarians, Anns, Annets, and Jones celebrating birthdays were wished success in their future endeavors.

Special Invitees : Rtn. LathaVikramdatta, President RC Deralekatte, Annet JayaneeRohinath, Jone Gaurav Nayak, Annet. Aanchal Dinesh, Rotarians from various clubs

Acknowledgements : *Invocation:* Rtn. T.G. Shenoy, *Guest Introduction:* Rtn. Vishwanath Shetty

Closing : The meeting concluded with a vote of thanks by Rtn. Dr.Shivaprasad K, followed by the national anthem and dinner hosted by Rtn. Dinesh Kumar B.



Prof. Dr Shivaprasad K MD (Hom)

Prof. Dr Jyoshna S MD (Hom)

Consultant Homoeopaths

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Dr Shivaprasad's

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Alake, Mangaluru - 575003

Established in 1991

Rotary News in December 2025:

For December 2025, Rotary's main news includes its designation as Disease Prevention and Treatment month, highlighting work in health and wellness, including mental health. Other news features stories on happiness and self-empowerment through Rotary activities, global and local projects, and highlights of member achievements. The global End Polio Now campaign continues to be a major focus, with various clubs hosting fundraising and awareness events.

Disease Prevention and Treatment Month

- **Mental Health:** This December highlights the importance of mental wellness, noting that nearly 1 in 7 people worldwide has a mental health disorder, yet many don't receive adequate treatment.
- **Local initiatives:** Some Rotary clubs are engaging in local health-related activities like distributing masks or hand sanitizer and providing companionship to those in need.
- **Global initiatives:** Globally, Rotary continues to establish clinics and training facilities for the underserved and make progress on ending polio.

Projects and achievements

- **Global projects:** A feature story showcases Rotary projects in December 2025 across the United States, St. Vincent and the Grenadines, South Africa, and Mauritius.
- **Local projects:** Local clubs are involved in a variety of community-focused projects, such as filling holiday stockings, supporting children through literacy initiatives, and hosting events like a "Glow Run" for disease prevention.
- **Fundraising success:** Some Rotary donors have surpassed ambitious fundraising goals.

Stories of happiness and empowerment

- **"A happiness hypothesis" and "In search of happiness":** Two feature stories explore the science of happiness and how Rotary members find bliss through their actions.
- **Individual journeys:** Other news highlights stories of individual members, such as a woman's journey of self-empowerment and a New Taipei City club that is creating happiness.
- **Cultural exchange:** A children's book project supported by the Rotary Club of South West Florida has been recognized, promoting cultural appreciation through stories and recipes from India.



Lifeline Surgicare

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Ph: 9886047949 Email : lifelinesurgicare21@gmail.com
Prop: Walter D'Cunha



Floral welcome to those who celebrated their wedding anniversary



Rtn.Vishwanath Shetty & Ann.Sumathi Shetty.



Rtn Hemanath Shetty



Rtn Ajith Rao & Ann.Geetha Rao.



Honors to Rtn. Dinesh Kumar A.B & Ann. Rashmi Dinesh

Happy Wedding Anniversary



Rtn J V Shetty & Ann Geetha 3rdDec



Rtn Suraj Kotian & Ann Rikha 3rdDec



Rtn Prasanna Mallya & Ann Pavithra 3rdDec

HAPPY BIRTHDAY



**Rtn. Kanchanadevi
4th Dec.**



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